

Checking in with the Classroom Environment: An Environmental Checklist

Improving outcomes for students with FASD often begins with taking a look at the physical environment

Environmental Checklist	✓	X
Bookshelves or storage shelves covered with doors or fabric		
Minimal posters or clutter on walls		
Visual timers to help with transitions and awareness of time		
Visual cues and aids to assist with verbal instruction		
Low light or use of fluorescent light covers		
Detailed schedules		
Organized and labelled shelves		
Visual boundaries marked on the floor		
Calming space and sensory tools		
Minimize outside distractions (close doors, cover windows)		
Sense of identity in the classroom		

To view examples of supportive environments for students with FASD, please visit www.fasdoutreach.ca/elearning/classroom-teaching/environment