

Wellness, Resiliency and Partnerships (WRaP)

# Restorative Practices Toolkit

## FOR EDUCATORS AND ADMINISTRATORS

The Restorative Practices Toolkit has been developed by the Wellness, Resiliency and Partnership (WRaP) Project to support educators and administrators with addressing conflict and preventing suspensions.

# Restorative Practices Toolkit



## Restorative Practices Toolkit

The use of Restorative Practices have been adopted by educators around the world to proactively address issues involving bullying and violence. Research is supportive of the use of these basic principals as a means to improve student behaviour and school culture.

Through methods including circles and conferences, restorative practices aim to resolve conflicts or concerns that students are facing through inclusive and relationship focused methods. Restorative practices bring together victims, offenders and each of their support systems to address the incident and its effects in schools, court systems and the community.

WRaP Success Coaches use Restorative Practices at 3 levels starting with the introduction of Circles in the classroom, implementation of 3 key restorative questions when addressing a conflict, and finally supporting the use of Restorative Discipline as an alternative to suspension or plan to address problem behaviours.

In this toolkit, learn more about:

- [Circles in the Classroom](#)
- [Guiding Questions for Conflict Resolution](#)
- [Restorative Discipline Plan](#)

# Classroom Circles

WRaP Success Coaches introduce Classroom Circles as an opportunity to introduce the use of Restorative Practices into the classroom and to encourage engagement from all students, including those living with FASD.

Some classroom circle topics might include:

- Classroom Rules and Expectations
- Share a time you were happy
- What is your favourite meal
- What is your favourite special treat
- What qualities make a good friend
- What is your favourite animal
- Plans for the weekend
- Favourite lesson from the week
- A time you felt excited
- Dressing for the weather
- Best studying tips
- Current affairs
- Favourite movie character
- If I could have a super power...

# Guiding Questions for Conflict Resolution

When faced with a conflict or disagreement on the playground, in the cafeteria or in the classroom, these 3 questions serve as a guide to understanding the issue and addressing it for all.

## QUESTIONS:

1. What happened?
2. Who or what was hurt?
3. How can we fix it?

The questions can be used 1:1, with a pair of students or in a circle. All students involved or the entire group should be asked the questions; a talking stick can be used to ensure everyone has an opportunity to speak.

It can be helpful to have these questions displayed as a visual reminder and guide.

# Restorative Discipline Plan



The Restorative Discipline Plan (RDP) has been created as a tool to be used as either a solution focused planning tool to address concerning areas or as a reintegration tool after disciplinary action or an out of school suspension.

The RDP should be developed in a meeting that involves student, parent or caregiver, Success Coach, teacher and school administrator. It is based on a 3 step process developed by *Professionals without Parachutes* referred to as the *ARC Model (Action, Reflection and Communication)*.

AREA OF NEED: \_\_\_\_\_

GOAL: \_\_\_\_\_

<i>Strategies:</i>	<i>Who/What can Support</i>	<i>Team Reflection: Did it Work?</i>
(A)		
(B)		
(C)		

Follow up needed: \_\_\_\_\_

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# Notes:

## Restorative Practices Toolkit

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