

Improving Outcomes for Students with FASD: Strategies for Support

All students are unique with individual strengths, abilities and challenges. Consider the **strategies listed below as a starting place** for improving outcomes for students with FASD. The successful outcome of strategies is more likely when strategies are used for longer periods of time.



Fostering meaningful and supportive relationships is the number one strategy for support when working with students with FASD

STRATEGIES FOR SUPPORT

Limit their choices; try starting with two options at first

Provide single step instructions; with success, increase number of steps

Keep instructions short and concise

Ensure you have their attention before providing directions

Be specific about expectations

Encourage helper roles within the class and school

Offer structured breaks throughout the school day

Plan for transitions; visual prompts and reminders can be useful

All behaviour is functional; explore what their unmet need might be

Work closely with parents/caregivers to build teams of support