

Week: _____


Student: _____

<p>Monday</p> <p>Notes:</p>	<p>Overall day rating scale:</p> <p>◇ 0 (absent)</p> <p>◇ 1 (struggled)</p> <p>◇ 2 (did well)</p> <p>◇ 3 (very successful)</p>	<p>Triggers?</p> <p>(Time, subject, activity, place, peers, etc...)</p>	<p>Prevention and/or intervention strategies that worked:</p> <table border="1"> <tbody> <tr> <td>◇ Movement break</td> <td>◇ Ask what you want (stop running=walk)</td> </tr> <tr> <td>◇ Keep instructions short (10 words / 5 seconds)</td> <td>◇ Name first, then directions</td> </tr> <tr> <td>◇ Go to _____</td> <td>◇ Be a helper</td> </tr> <tr> <td>◇ Quiet/calm activity</td> <td>◇ Offer 2 choices</td> </tr> <tr> <td>◇ Other _____</td> <td>◇ Other _____</td> </tr> </tbody> </table>	◇ Movement break	◇ Ask what you want (stop running=walk)	◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions	◇ Go to _____	◇ Be a helper	◇ Quiet/calm activity	◇ Offer 2 choices	◇ Other _____	◇ Other _____
◇ Movement break	◇ Ask what you want (stop running=walk)												
◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions												
◇ Go to _____	◇ Be a helper												
◇ Quiet/calm activity	◇ Offer 2 choices												
◇ Other _____	◇ Other _____												
<p>Tuesday</p> <p>Notes:</p>	<p>Overall day rating scale:</p> <p>◇ 0 (absent)</p> <p>◇ 1 (struggled)</p> <p>◇ 2 (did well)</p> <p>◇ 3 (very successful)</p>	<p>Triggers?</p> <p>(Time, subject, activity, place, peers, etc...)</p>	<p>Prevention and/or intervention strategies that worked:</p> <table border="1"> <tbody> <tr> <td>◇ Movement break</td> <td>◇ Ask what you want (stop running=walk)</td> </tr> <tr> <td>◇ Keep instructions short (10 words / 5 seconds)</td> <td>◇ Name first, then directions</td> </tr> <tr> <td>◇ Go to _____</td> <td>◇ Be a helper</td> </tr> <tr> <td>◇ Quiet/calm activity</td> <td>◇ Offer 2 choices</td> </tr> <tr> <td>◇ Other _____</td> <td>◇ Other _____</td> </tr> </tbody> </table>	◇ Movement break	◇ Ask what you want (stop running=walk)	◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions	◇ Go to _____	◇ Be a helper	◇ Quiet/calm activity	◇ Offer 2 choices	◇ Other _____	◇ Other _____
◇ Movement break	◇ Ask what you want (stop running=walk)												
◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions												
◇ Go to _____	◇ Be a helper												
◇ Quiet/calm activity	◇ Offer 2 choices												
◇ Other _____	◇ Other _____												
<p>Wednesday</p> <p>Notes:</p>	<p>Overall day rating scale:</p> <p>◇ 0 (absent)</p> <p>◇ 1 (struggled)</p> <p>◇ 2 (did well)</p> <p>◇ 3 (very successful)</p>	<p>Triggers?</p> <p>(Time, subject, activity, place, peers, etc...)</p>	<p>Prevention and/or intervention strategies that worked:</p> <table border="1"> <tbody> <tr> <td>◇ Movement break</td> <td>◇ Ask what you want (stop running=walk)</td> </tr> <tr> <td>◇ Keep instructions short (10 words / 5 seconds)</td> <td>◇ Name first, then directions</td> </tr> <tr> <td>◇ Go to _____</td> <td>◇ Be a helper</td> </tr> <tr> <td>◇ Quiet/calm activity</td> <td>◇ Offer 2 choices</td> </tr> <tr> <td>◇ Other _____</td> <td>◇ Other _____</td> </tr> </tbody> </table>	◇ Movement break	◇ Ask what you want (stop running=walk)	◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions	◇ Go to _____	◇ Be a helper	◇ Quiet/calm activity	◇ Offer 2 choices	◇ Other _____	◇ Other _____
◇ Movement break	◇ Ask what you want (stop running=walk)												
◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions												
◇ Go to _____	◇ Be a helper												
◇ Quiet/calm activity	◇ Offer 2 choices												
◇ Other _____	◇ Other _____												
<p>Thursday</p> <p>Notes:</p>	<p>Overall day rating scale:</p> <p>◇ 0 (absent)</p> <p>◇ 1 (struggled)</p> <p>◇ 2 (did well)</p> <p>◇ 3 (very successful)</p>	<p>Triggers?</p> <p>(Time, subject, activity, place, peers, etc...)</p>	<p>Prevention and/or intervention strategies that worked:</p> <table border="1"> <tbody> <tr> <td>◇ Movement break</td> <td>◇ Ask what you want (stop running=walk)</td> </tr> <tr> <td>◇ Keep instructions short (10 words / 5 seconds)</td> <td>◇ Name first, then directions</td> </tr> <tr> <td>◇ Go to _____</td> <td>◇ Be a helper</td> </tr> <tr> <td>◇ Quiet/calm activity</td> <td>◇ Offer 2 choices</td> </tr> <tr> <td>◇ Other _____</td> <td>◇ Other _____</td> </tr> </tbody> </table>	◇ Movement break	◇ Ask what you want (stop running=walk)	◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions	◇ Go to _____	◇ Be a helper	◇ Quiet/calm activity	◇ Offer 2 choices	◇ Other _____	◇ Other _____
◇ Movement break	◇ Ask what you want (stop running=walk)												
◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions												
◇ Go to _____	◇ Be a helper												
◇ Quiet/calm activity	◇ Offer 2 choices												
◇ Other _____	◇ Other _____												
<p>Friday</p> <p>Notes:</p>	<p>Overall day rating scale:</p> <p>◇ 0 (absent)</p> <p>◇ 1 (struggled)</p> <p>◇ 2 (did well)</p> <p>◇ 3 (very successful)</p>	<p>Triggers?</p> <p>(Time, subject, activity, place, peers, etc...)</p>	<p>Prevention and/or intervention strategies that worked:</p> <table border="1"> <tbody> <tr> <td>◇ Movement break</td> <td>◇ Ask what you want (stop running=walk)</td> </tr> <tr> <td>◇ Keep instructions short (10 words / 5 seconds)</td> <td>◇ Name first, then directions</td> </tr> <tr> <td>◇ Go to _____</td> <td>◇ Be a helper</td> </tr> <tr> <td>◇ Quiet/calm activity</td> <td>◇ Offer 2 choices</td> </tr> <tr> <td>◇ Other _____</td> <td>◇ Other _____</td> </tr> </tbody> </table>	◇ Movement break	◇ Ask what you want (stop running=walk)	◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions	◇ Go to _____	◇ Be a helper	◇ Quiet/calm activity	◇ Offer 2 choices	◇ Other _____	◇ Other _____
◇ Movement break	◇ Ask what you want (stop running=walk)												
◇ Keep instructions short (10 words / 5 seconds)	◇ Name first, then directions												
◇ Go to _____	◇ Be a helper												
◇ Quiet/calm activity	◇ Offer 2 choices												
◇ Other _____	◇ Other _____												

Week: _____

Student: _____

Additional Notes:

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	